

AFG Group Inventory

MY PART AS A MEMBER OF THE GROUP

1. Do I attend the meetings regularly?
 YES NO Comments: _____
2. Do I periodically volunteer to lead a meeting?
 YES NO Comments: _____
3. Do I attend steering or business meetings and offer ideas for improvement?
 YES NO Comments: _____
4. Can I accept disagreement and differing points of view good-naturedly?
 YES NO Comments: _____
5. Do I volunteer for, or willingly accept, a group office: group representative, secretary, chairperson, program chairperson or treasurer?
 YES NO Comments: _____
6. Am I understanding, when personal circumstances compel some members to limit their group service?
 YES NO Comments: _____
7. Do I criticize others in the group or gossip about them?
 YES NO Comments: _____
8. Do I ever repeat anything personal I have heard at meetings or from another member?
 YES NO Comments: _____
9. Do I make telephone calls for my personal recovery and to help others, rather than to complain and gossip?
 YES NO Comments: _____
10. Do I welcome new members, talk with them, suggest pieces of Al-Anon/Alateen literature, offer my phone number or the group's telephone list and local meeting schedule?
 YES NO Comments: _____
11. Do I volunteer to sponsor newcomers? Am I presently sponsoring another member?
 YES NO Comments: _____
12. Do I read Al-Anon/Alateen literature every day, and apply the principles to my daily life? Do I let the group know which pieces of Conference Approved Literature (CAL) are particularly helpful as part of my sharing at meetings?
 YES NO Comments: _____

13. Do I keep the focus on Al-Anon and my own recovery when I share?
 YES NO Comments: _____
14. Do I help out before and after meetings by setting up or putting away tables and chairs, literature and refreshments?
 YES NO Comments: _____
15. Do I interrupt or carry on a conversation while another member is speaking?
 YES NO Comments: _____
16. Do I listen carefully to the speakers, the chairperson and other group members?
 YES NO Comments: _____
17. Do I avoid giving advice to members?
 YES NO Comments: _____
18. Do I try to make the fellowship known to others who need help?
 YES NO Comments: _____
19. Do I participate in group service projects?
 YES NO Comments: _____
20. When group problems arise, do I focus on the problem or the solution?
 PROBLEM SOLUTION Comments: _____

MY VIEW OF THE GROUP

21. Does everyone have a chance to participate in service to the group?
 YES NO Comments: _____
22. Do we criticize others in the group or gossip about them?
 YES NO Comments: _____
23. Are we forming cliques or being indifferent to other members of the group?
 YES NO Comments: _____
24. Do I pressure the group to accept my ideas because I have been in the fellowship a long time or for any other reason?
 YES NO Comments: _____
25. Does the group follow the suggested Al-Anon/Alateen meeting format?
 YES NO Comments: _____
26. Do we make sure newcomers have at least one member's telephone number, a schedule of local meetings and some Al-Anon/Alateen literature?
 YES NO Comments: _____
27. Do we let newcomers know what sponsorship is and how to obtain a sponsor?
 YES NO Comments: _____

28. Do we keep our meetings fresh and interesting in order to retain our longtime members?
 YES NO Comments: _____
29. Does our group undertake service projects on its own or in conjunction with the district, information service or area?
 YES NO Comments: _____
30. Do we have a literature display of Conference Approved Literature (CAL)? Do we regularly reorder CAL? Do we have a group lending library?
 YES NO Comments: _____
31. Is our group active and supportive at the district and area levels? Do we send representatives and financial contributions to local and area service arms as well as the World Service Office (WSO)? Do we support the information service office?
 YES NO Comments: _____
32. Does the group leave the meeting room in an acceptable manner?
 YES NO Comments: _____

MY VIEW OF OUR WEEKLY MEETINGS

33. Is there a chairperson each week?
 YES NO Comments: _____
34. Are our meetings interesting and helpful?
 YES NO Comments: _____
35. Do we encourage everyone to participate in the discussions by sharing and listening?
 YES NO Comments: _____
36. Do we refrain from giving advice?
 YES NO Comments: _____
37. Do we make good use of our Conference Approved Literature and *The Forum* for themes and subjects of meetings?
 YES NO Comments: _____
38. Are our meeting topics Al-Anon related?
 YES NO Comments: _____
39. Do we stick to the subject of the meeting or wander off on tangents?
 YES (on topic) NO (wander off) Comments: _____
40. Are we easily diverted from the topic in order to focus on a member's problem?
 YES NO Comments: _____
41. Do we discuss the alcoholic and his/her shortcomings?
 YES NO Comments: _____

