

Saturday Al-Anon Meetings

- 8:00 AM **Early Risers AFG** -- 64226
* Al-Anon 12 Step Study
Canterbury United Methodist Church
350 Overbrook Rd., Mt. Brook
- 8:30 AM **Beginnings** -- 30522573
St. Stephen's Episcopal Church
3775 Crosshaven Dr., Cahaba Heights
- 12:15 PM **South Suburban AFG** — 30580696
Green Valley Baptist Church
1815 Patton Chapel Rd., Hoover
(Building "F")

ALATEEN MEETINGS

Monday Alateen Meetings

- 7:00 PM **Alabaster Alateen** — 60
* First United Methodist Church
10903 Hwy. 119
(Enter door at portico)

Wednesday Alateen Meetings

- 8:00 PM **Vestavia Alateen**
* Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
(Enter "Support Group" side of church
(west), 2nd door)

**INFORMATION REGARDING ZOOM
AND HYBRID MEETINGS CAN BE FOUND AT:**

<http://bham-al-anon.com/online-meetings/>

**DISTRICT 04:
Jefferson, Shelby, St. Clair & Blount Counties**

**AL-ANON FAMILY GROUPS
ALATEEN GROUPS
Answering Service (205) 322-1500
WSO Meeting Info: 888-4AL-ANON
www.bham-al-anon.com**

*God, Grant me the Serenity to
Accept the things I cannot Change,
Courage to Change the things I can, and the
Wisdom to Know the difference.*

Suggested Preamble to the Twelve Steps

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family disease and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy; neither endorses nor opposes any cause.

There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps ourselves, by welcoming and giving comfort to families of alcoholics and by understanding and encouraging the alcoholics.

- * Denotes AA Meeting at the same time.
- ** Denotes OPEN Al-Anon meeting.
- *** Denotes MEN ONLY Al-Anon meeting.

**VIEW THIS MEETING SCHEDULE ON-LINE AT:
www.bham-al-anon.com**

MEETING SCHEDULE UPDATES:

Mail: District 04 AFG
P.O. Box 550156 | Birmingham, Al 35255
OR e-mail: dr@bham-al-anon.com

Sunday AI-Anon Meetings

7:00 PM **Highland AFG** — 66368
** Highland United Methodist Church
1045 20th St. S.,
(Enter lot at Richard Arrington
Blvd. & 11th Ave. S.)

Monday AI-Anon Meetings

12 Noon **Vestavia Day AFG** — 63645
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
(Enter "Support Group" side of church
(west), 2nd door)

6:00 PM **Monday At A Time AFG** — 30585418
Gardendale Presbyterian Church
200 Tarrant Rd., Gardendale

6:30 PM **Crosshaven AFG** — 58
St. Stephen's Episcopal Church
3775 Crosshaven Dr., Cahaba Heights
(Meeting room is in the Parish Hall located
in main church building on the 2nd Floor.
Door entrance located at the first covered
vehicle drive thru.)

7:00 PM **Alabaster AFG** — 166
* Alabaster First United Methodist Church
10903 Hwy. 119, Alabaster (Use side door)

7:00 PM **Valleydale AFG** — 53566
* Shepherd of the Hills Lutheran Church
4987 Valleydale Rd., Birmingham

8:00 PM **Vestavia Monday AFG** — 74
* Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
(Enter "Support Group" side of church
(west), 2nd door)

Tuesday AI-Anon Meetings

10:30 AM **Vestavia Day AFG** — 63645
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
(Enter "Support Group" side of church
(west), 2nd door)

7:00 PM **Hueytown AFG** — 121
Pleasant Hill United Methodist Church
4809 Bell Hill Road
Room 102
Bessemer, AL 35022 (I-459 at Exit 1)

7:00 PM **New Beginning AFG** — 503466
** First Baptist Church
128 N. Chalkville Rd., Trussville
(Room EB01)

7:00 PM **Tuesday Men's AFG** — 501957
*** Bluff Park Community Church
2269 Chapel Rd, Hoover 35226

8:00 PM **Mt. Olive AFG** — 158
* Parkview Church of God
712 Keith Circle, Gardendale

Wednesday AI-Anon Meetings

12 Noon **Wonderful Wednesdays AFG** — 503779
** South Highland Presbyterian Church
2035 Highland Ave. S., Birmingham
(Parking behind church)

12 Noon **Vestavia Day AFG** — 63645
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
(Enter "Support Group" side of church
(west), 2nd door)

7:00 PM **Trussville AFG** — 199
* Trussville United Methodist Church
120 N. Chalkville Rd., Trussville
(Duplex behind church)

8:00 PM **Vestavia Wednesday AFG**
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
(Enter "Support Group" side of church
(west), 2nd door)

Thursday AI-Anon Meetings

10:00 AM **Center Point Day Group AFG** — 56
Pinson United Methodist Church
4507 Bud Holmes Rd., Pinson, AL 35126
*Enter through the parlor entrance (double
doors on the left side of the Sanctuary
building)*

10:30 AM **Vestavia Day AFG** — 63645
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
(Enter "Support Group" side of church
(west), 2nd door)

7:00 PM **Alabaster AFG** — 166
* Alabaster First United Methodist Church
10903 Hwy. 119, Alabaster (Use side door)

7:00 PM **Pathway to Joy AFG** — 30567669
First United Methodist Church
2200 3rd Ave. N., Pell City

7:00 PM **Oxmoor AFG** — 30676310
Trinity United Methodist Church
1400 Oxmoor Rd., Homewood

7:00 PM **Hoover AFG** — 119
* Prince Of Peace Catholic Church
4600 Preserve Parkway, Hoover 35226
*Entrance under portico. Walk thru
sanctuary about 70ft. Meeting is marked
Conference Room on left. Park under the
portico in-climate weather or physical
need.*

Friday AI-Anon Meetings

12 Noon **Vestavia Day AFG** — 63645
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
(Enter "Support Group" side of church
(west), 2nd door)

7:00 PM **Huffman Open-Door AFG** — 636441
* Huffman United Methodist Church
711 Gene Reed Road, Birmingham