

Saturday Al-Anon Meetings

- 8:00 AM **Early Risers AFG** -- 64226
* Al-Anon 12 Step Study
Canterbury United Methodist Church
350 Overbrook Rd., Mt. Brook
- 8:30 AM **Beginnings** -- 30522573
St. Stephen's Episcopal Church
3775 Crosshaven Dr., Cahaba Heights
- 12:15 PM **South Suburban AFG** — 30580696
Green Valley Baptist Church
1815 Patton Chapel Rd., Hoover
(Building "F")

ALATEEN MEETINGS

Monday Alateen Meetings

- 7:00 PM **Alabaster Alateen** — 60
* First United Methodist Church
10903 Hwy. 119
(Enter door at portico)

Wednesday Alateen Meetings

- 8:00 PM **Vestavia Alateen**
* Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
(Enter "Support Group" side of church
(west), 2nd door)

**INFORMATION REGARDING ZOOM
AND HYBRID MEETINGS CAN BE FOUND AT:**

<http://bham-al-anon.com/online-meetings/>

DISTRICT 04:
Jefferson, Shelby, St. Clair & Blount Counties

**AL-ANON FAMILY GROUPS
ALATEEN GROUPS**
Answering Service (205) 388-3765
WSO Meeting Info: 888-4AL-ANON
www.bham-al-anon.com

*God, Grant me the Serenity to
Accept the things I cannot Change,
Courage to Change the things I can, and the
Wisdom to Know the difference.*

Suggested Preamble to the Twelve Steps

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family disease and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy; neither endorses nor opposes any cause.

There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps ourselves, by welcoming and giving comfort to families of alcoholics and by understanding and encouraging the alcoholics.

- * Denotes AA Meeting at the same time.
- ** Denotes OPEN Al-Anon meeting.
- *** Denotes MEN ONLY Al-Anon meeting.

VIEW THIS MEETING SCHEDULE ON-LINE AT:
www.bham-al-anon.com

MEETING SCHEDULE UPDATES:

Mail: District 04 AFG
P.O. Box 550156 | Birmingham, Al 35255
OR e-mail: dr@bham-al-anon.com

Sunday AI-Anon Meetings

7:00 PM **Highland AFG** — 66368
** Highland United Methodist Church
1045 20th St. S.,
*(Enter lot at Richard Arrington
Blvd. & 11th Ave. S.)*

Monday AI-Anon Meetings

12 Noon **Vestavia Day AFG** — 63645
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
*(Enter "Support Group" side of church
(west), 2nd door)*

6:00 PM **Monday At A Time AFG** — 30585418
Gardendale Presbyterian Church
200 Tarrant Rd., Gardendale

6:30 PM **Crosshaven AFG** — 58
St. Stephen's Episcopal Church
3775 Crosshaven Dr., Cahaba Heights
*(Meeting room is in the Parish Hall located
in main church building on the 2nd Floor.
Door entrance located at the first covered
vehicle drive thru.)*

7:00 PM **Alabaster AFG** — 166
* Alabaster First United Methodist Church
10903 Hwy. 119, Alabaster *(Use side door)*

7:00 PM **Valleydale AFG** — 53566
* Shepherd of the Hills Lutheran Church
4987 Valleydale Rd., Birmingham

8:00 PM **Vestavia Monday AFG** — 74
* Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
*(Enter "Support Group" side of church
(west), 2nd door)*

Tuesday AI-Anon Meetings

10:30 AM **Vestavia Day AFG** — 63645
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
*(Enter "Support Group" side of church
(west), 2nd door)*

7:00 PM **New Beginning AFG** — 503466
** First Baptist Church
128 N. Chalkville Rd., Trussville
(Room EB01)

7:00 PM **Tuesday Men's AFG** — 501957
*** Bluff Park Community Church
2269 Chapel Rd, Hoover 35226

8:00 PM **Mt. Olive AFG** — 158
* Parkview Church of God
712 Keith Circle, Gardendale

Wednesday AI-Anon Meetings

12 Noon **Wonderful Wednesdays AFG** — 503779
** South Highland Presbyterian Church
2035 Highland Ave. S., Birmingham
(Parking behind church)

12 Noon **Vestavia Day AFG** — 63645
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
*(Enter "Support Group" side of church
(west), 2nd door)*

7:00 PM **Trussville AFG** — 199
* Trussville United Methodist Church
120 N. Chalkville Rd., Trussville
(Duplex behind church)

7:00 PM **Vestavia Wednesday AFG**
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
*(Enter "Support Group" side of church
(west), 2nd door)*

Thursday AI-Anon Meetings

10:00 AM **Pinson Day Group AFG** — 56
Pinson United Methodist Church
4507 Bud Holmes Rd., Pinson, AL 35126
*Enter through the parlor entrance (double
doors on the left side of the Sanctuary
building)*

10:30 AM **Vestavia Day AFG** — 63645
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
*(Enter "Support Group" side of church
(west), 2nd door)*

7:00 PM **Alabaster AFG** — 166
* Alabaster First United Methodist Church
10903 Hwy. 119, Alabaster *(Use side door)*

7:00 PM **Pathway to Joy AFG** — 30567669
First United Methodist Church
2200 3rd Ave. N., Pell City

7:00 PM **Oxmoor AFG** — 30676310
Trinity United Methodist Church
1400 Oxmoor Rd., Homewood

7:00 PM **Hoover AFG** — 119
* Prince Of Peace Catholic Church
4600 Preserve Parkway, Hoover 35226
*Entrance under portico. Walk thru
sanctuary about 70ft. Meeting is marked
Conference Room on left. Park under the
portico in-climate weather or physical
need.*

Friday AI-Anon Meetings

12 Noon **Vestavia Day AFG** — 63645
Vestavia Hills United Methodist Church
2061 Kentucky Ave., Vestavia
*(Enter "Support Group" side of church
(west), 2nd door)*

7:00 PM **Huffman Open-Door AFG** — 636441
* Huffman United Methodist Church
711 Gene Reed Road, Birmingham