7:00 PM **Huffman Open-Door** AFG — 636441 * Huffman United Methodist Church 711 Gene Reed Road. Birmingham

Saturday Al-Anon Meetings

8:00 AM Early Risers AFG -- 64226

* Al-Anon 12 Step Study
Canterbury United Methodist Church
350 Overbrook Rd., Mt. Brook

8:30 AM Beginnings AFG

Chapel of St Johns at St Stephens Episcopal Church 3794 Crosshaven Dr. Vestavia Hills, AL 35223 (Meet in Chapel across Crosshaven from main church: first left from main road)

8:30 AM Serenity By The River AFG
Riverside Marina Building
230 Depot Street, Riverside 35135

12:15 PM South Suburban AFG

Green Valley Baptist Church
1815 Patton Chapel Rd., Hoover
(Enter building C – Turn on Tammassee
Lane from Patton Chapel. Proceed past
the first parking area (about 150 feet)
before turning into the parking area on
the left)

ALATEEN MEETINGS

Wednesday Alateen Meetings

7:00 PM Alabaster Alateen — 60

* First United Methodist Church
10903 Hwy. 119
(Enter door at portico)

7:00 PM Vestavia Alateen

Vestavia Hills United Methodist Church 2061 Kentucky Ave., Vestavia (Enter "Support Group" side of church (west), 2nd door)

ONLINE MEETINGS

Monday

12 Noon Serenity Seekers AFG
Meeting ID: 205 222 5555

6:00 PM Monday at a Time AFG
Meeting ID: ID 975 5671 2488
Password: mondayafg
or Call In: 253 215 8782

7:00 PM Valleydale AFG
Meeting ID: 820 6186 1701
Password: 224466

Tuesday

10:30 AM Serenity Seekers AFG Meeting ID: 205 222 5555

12 Noon Early Risers Online AFG
Meeting ID: 859 6492 9149
Password: 032013

Wednesday

12 Noon Serenity Seekers AFG
Meeting ID: 205 222 5555

7:00 PM Vestavia Wednesday AFG
Meeting ID: 776-920-3618

Thursday

10:30 AM Serenity Seekers AFG Meeting ID: 205 222 5555

7:00 PM **Oxmoor AFG**Meeting ID: 348-313-174

Friday

12 Noon Serenity Seekers AFG
(inc. Beginners "breakout" meeting)
Meeting ID: 205 222 5555

Saturday

8:00 AM Early Risers Online AFG
Meeting ID: 662-660-358
Password: 032013

12:15 PM South Suburban AFG
Meeting ID: 113 499 323

DISTRICT 04:

Jefferson, Shelby, St. Clair & Blount Counties

AL-ANON FAMILY GROUPS ALATEEN GROUPS

Answering Service (205) 388-3765 WSO Meeting Info: 888-4AL-ANON www.bham-al-anon.com

God, Grant me the Serenity to
Accept the things I cannot <u>Change</u>,
Courage to <u>Change</u> the things I can, and the
Wisdom to <u>Know</u> the difference.

Suggested Preamble to the Twelve Steps

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family disease and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy; neither endorses nor opposes any cause.

There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the <u>Twelve Steps</u> ourselves, by welcoming and giving comfort to families of alcoholics and by understanding and encouraging the alcoholics.

- * Denotes AA Meeting at the same time.
- ** Denotes OPEN Al-Anon meeting.
- *** Denotes MEN ONLY Al-Anon meeting.

VIEW THIS MEETING SCHEDULE ON-LINE AT: www.bham-al-anon.com

MEETING SCHEDULE UPDATES:
Mail: District 04 AFG
P.O. Box 550156 | Birmingham, Al 35255
OR e-mail: dr@bham-al-anon.com

FEBRUARY 2024

Sunday Al-Anon Meetings

6:00 PM Highland AFG — 66368 Highland United Methodist Church

1045 20th St. S.. (Enter lot at Richard Arrington Blvd. & 11th Ave. S.)

Monday Al-Anon Meetings

12 Noon Vestavia Day AFG — 63645

Vestavia Hills United Methodist Church 2061 Kentucky Ave., Vestavia (Enter "Support Group" side of church (west), 2nd door)

6:00 PM Monday At A Time AFG — 30585418 Gardendale Presbyterian Church 200 Tarrant Rd., Gardendale

6:30 PM Crosshaven AFG — 58 St. Stephen's Episcopal Church 3775 Crosshaven Dr., Cahaba Heights (Meeting room is in the Parish Hall located in main church building on the 2nd Floor. Door entrance located at the first covered vehicle drive thru.)

7:00 PM **Alabaster AFG** — 166

Alabaster First United Methodist Church 10903 Hwy. 119, Alabaster (Enter side door or Hybrid: https://www.gotomeet.me/AlabasterAFG No Password or ID needed. Dial in via phone: United States:

+1 (224) 501-3412 (Passcode- 318-381-549)

7:00 PM **Vallevdale AFG** — 53566

Shepherd of the Hills Lutheran Church 4987 Valleydale Rd., Birmingham (Enter through the front doors of the building or Hybrid: Zoom ID: 820 6186 1701 Password: 224466)

8:00 PM Vestavia Monday AFG — 74

Vestavia Hills United Methodist Church 2061 Kentucky Ave., Vestavia (Enter "Support Group" side of church (west), 2nd door)

Tuesday Al-Anon Meetings

10:30 AM **Vestavia Day AFG** — 63645

Vestavia Hills United Methodist Church 2061 Kentucky Ave., Vestavia (Enter "Support Group" side of church (west), 2nd door)

7:00 PM New Beginning AFG — 503466

First Baptist Church 128 N. Chalkville Rd., Trussville (Room EB01)

7:00 PM Tuesday Men's AFG — 501957 Bluff Park Community Church 2269 Chapel Rd, Hoover 35226

8:00 PM Mt. Olive AFG — 158 Mt. Olive Alliance Church 1270 McCravey Lane, Mt. Olive 35117

Wednesday Al-Anon Meetings

12 Noon Wonderful Wednesdays AFG — 503779 South Highland Presbyterian Church 2035 Highland Ave. S., Birmingham (Parking behind church)

12 Noon Vestavia Day AFG — 63645 Vestavia Hills United Methodist Church 2061 Kentucky Ave., Vestavia (Enter "Support Group" side of church (west), 2nd door)

5:30 PM Lakeview AFG

Independent Presbyterian Church 3100 Highland Ave., Birmingham 35205 (Room 304)

7:00 PM **Trussville AFG** – 199

Trussville United Methodist Church 120 N. Chalkville Rd., Trussville (Duplex behind church)

7:00 PM Vestavia Wednesday AFG

Vestavia Hills United Methodist Church 2061 Kentucky Ave., Vestavia (Enter "Support Group" side of church (west), 2nd door)

Thursday Al-Anon Meetings

10:00 AM Pinson Day Group AFG — 56 Pinson United Methodist Church 4507 Bud Holmes Rd., Pinson, AL 35126

> Enter through the parlor entrance (double doors on the left side of the Sanctuary

buildina)

10:30 AM **Vestavia Dav AFG** — 63645

Vestavia Hills United Methodist Church 2061 Kentucky Ave., Vestavia (Enter "Support Group" side of church

(west), 2nd door)

1:00 PM Liberty Park Literature Study AFG

The Church at Liberty Park (formerly Liberty Park Baptist Church) 12001 Liberty Parkway Birmingham, AL 35243 (Park in front of church. Follow signs to "Offices")

7:00 PM Alabaster AFG — 166

Alabaster First United Methodist Church 10903 Hwy. 119, Alabaster (Use side door)

7:00 PM **Pathway to Joy AFG** — 30567669 First United Methodist Church 2200 3rd Ave. N., Pell City

7:00 PM Oxmoor AFG — 30676310 Trinity United Methodist Church 1400 Oxmoor Rd., Homewood

7:00 PM Hoover AFG — 119

Prince Of Peace Catholic Church 4600 Preserve Parkway, Hoover 35226 Entrance under portico. Walk thru sanctuary about 70ft. Meeting is marked Conference Room on left. Park under the portico inclimate weather or physical need.

Friday Al-Anon Meetings

12 Noon Vestavia Day AFG — 63645

Vestavia Hills United Methodist Church 2061 Kentucky Ave., Vestavia (Enter "Support Group" side of church (west), 2nd door)