

7:00 PM **Huffman Open-Door AFG** — 636441  
\* Huffman United Methodist Church  
711 Gene Reed Road, Birmingham

### Saturday Al-Anon Meetings

8:00 AM **Early Risers AFG** -- 64226  
\* Al-Anon 12 Step Study  
Canterbury United Methodist Church  
350 Overbrook Rd., Mt. Brook

8:30 AM **Beginnings AFG**  
Chapel of St Johns  
at St Stephens Episcopal Church  
3794 Crosshaven Dr.  
Vestavia Hills, AL 35223  
*(Meet in Chapel across Crosshaven from  
main church: first left from main road)*

8:30 AM **Serenity By The River AFG**  
Riverside Marina Building  
230 Depot Street, Riverside 35135

12:15 PM **South Suburban AFG**  
Green Valley Baptist Church  
1815 Patton Chapel Rd., Hoover  
*(Enter building C – Turn on Tammasee  
Lane from Patton Chapel. Proceed past  
the first parking area (about 150 feet)  
before turning into the parking area on  
the left)*

## ALATEEN MEETINGS

### Wednesday Alateen Meetings

7:00 PM **Alabaster Alateen** — 60  
\* First United Methodist Church  
10903 Hwy. 119  
*(Enter door at portico)*

7:00 PM **Vestavia Alateen**  
\* Vestavia Hills United Methodist Church  
2061 Kentucky Ave., Vestavia  
*(Enter "Support Group" side of church  
(west), 2nd door)*

## ONLINE MEETINGS

### Monday

12 Noon **Serenity Seekers AFG**  
Meeting ID: 205 222 5555

6:00 PM **Monday at a Time AFG**  
Meeting ID: ID 975 5671 2488  
Password: mondayafg  
or Call In: 253 215 8782

7:00 PM **Valleydale AFG**  
Meeting ID: 820 6186 1701  
Password: 224466

### Tuesday

10:30 AM **Serenity Seekers AFG**  
Meeting ID: 205 222 5555

12 Noon **Early Risers Online AFG**  
Meeting ID: 859 6492 9149  
Password: 032013

### Wednesday

12 Noon **Serenity Seekers AFG**  
Meeting ID: 205 222 5555

7:00 PM **Vestavia Wednesday AFG**  
Meeting ID: 776-920-3618

### Thursday

10:30 AM **Serenity Seekers AFG**  
Meeting ID: 205 222 5555

7:00 PM **Oxmoor AFG**  
Meeting ID: 348-313-174

### Friday

12 Noon **Serenity Seekers AFG**  
(inc. Beginners "breakout" meeting)  
Meeting ID: 205 222 5555

### Saturday

8:00 AM **Early Risers Online AFG**  
Meeting ID: 662-660-358  
Password: 032013

12:15 PM **South Suburban AFG**  
Meeting ID: 113 499 323

**DISTRICT 04:**  
Jefferson, Shelby, St. Clair & Blount Counties

## AL-ANON FAMILY GROUPS ALATEEN GROUPS

Answering Service (205) 388-3765  
WSO Meeting Info: 888-4AL-ANON  
[www.bham-al-anon.com](http://www.bham-al-anon.com)

*God, Grant me the Serenity to  
Accept the things I cannot Change,  
Courage to Change the things I can, and the  
Wisdom to Know the difference.*

## Suggested Preamble to the Twelve Steps

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family disease and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy; neither endorses nor opposes any cause.

There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps ourselves, by welcoming and giving comfort to families of alcoholics and by understanding and encouraging the alcoholics.

- \* Denotes AA Meeting at the same time.
- \*\* Denotes OPEN Al-Anon meeting.
- \*\*\* Denotes MEN ONLY Al-Anon meeting.

**VIEW THIS MEETING SCHEDULE ON-LINE AT:**  
[www.bham-al-anon.com](http://www.bham-al-anon.com)

MEETING SCHEDULE UPDATES:

Mail: District 04 AFG

P.O. Box 550156 | Birmingham, AL 35255

OR e-mail: [dr@bham-al-anon.com](mailto:dr@bham-al-anon.com)

## Sunday AI-Anon Meetings

7:00 PM **Highland AFG** — 66368  
\*\* Highland United Methodist Church  
1045 20th St. S.,  
(Enter lot at Richard Arrington  
Blvd. & 11th Ave. S.)

## Monday AI-Anon Meetings

12 Noon **Vestavia Day AFG** — 63645  
Vestavia Hills United Methodist Church  
2061 Kentucky Ave., Vestavia  
(Enter "Support Group" side of church  
(west), 2nd door)

6:00 PM **Monday At A Time AFG** — 30585418  
Gardendale Presbyterian Church  
200 Tarrant Rd., Gardendale

6:30 PM **Crosshaven AFG** — 58  
St. Stephen's Episcopal Church  
3775 Crosshaven Dr., Cahaba Heights  
(Meeting room is in the Parish Hall located in  
main church building on the 2nd Floor. Door  
entrance located at the first covered vehicle  
drive thru.)

7:00 PM **Alabaster AFG** — 166  
\* Alabaster First United Methodist Church  
10903 Hwy. 119, Alabaster  
(Enter side door or Hybrid:  
<https://www.gotomeet.me/AlabasterAFG>  
No Password or ID needed.  
  
Dial in via phone: United States:  
+1 (224) 501-3412 (Passcode- 318-381-549)

7:00 PM **Valleydale AFG** — 53566  
\* Shepherd of the Hills Lutheran Church  
4987 Valleydale Rd., Birmingham  
(Enter through the front doors of the  
building or Hybrid: Zoom ID: 820 6186 1701  
Password: 224466)

8:00 PM **Vestavia Monday AFG** — 74  
\* Vestavia Hills United Methodist Church  
2061 Kentucky Ave., Vestavia  
(Enter "Support Group" side of church  
(west), 2nd door)

## Tuesday AI-Anon Meetings

10:30 AM **Vestavia Day AFG** — 63645  
Vestavia Hills United Methodist Church  
2061 Kentucky Ave., Vestavia  
(Enter "Support Group" side of church  
(west), 2nd door)

7:00 PM **New Beginning AFG** — 503466  
\*\* First Baptist Church  
128 N. Chalkville Rd., Trussville  
(Room EB01)

7:00 PM **Tuesday Men's AFG** — 501957  
\*\*\* Bluff Park Community Church  
2269 Chapel Rd, Hoover 35226

8:00 PM **Mt. Olive AFG** — 158  
\* Mt. Olive Alliance Church  
1270 McCravey Lane, Mt. Olive 35117

## Wednesday AI-Anon Meetings

12 Noon **Wonderful Wednesdays AFG** — 503779  
\*\* South Highland Presbyterian Church  
2035 Highland Ave. S., Birmingham  
(Parking behind church)

12 Noon **Vestavia Day AFG** — 63645  
Vestavia Hills United Methodist Church  
2061 Kentucky Ave., Vestavia  
(Enter "Support Group" side of church  
(west), 2nd door)

5:30 PM **Lakeview AFG**  
Independent Presbyterian Church  
3100 Highland Ave., Birmingham 35205  
(Room 304)

7:00 PM **Trussville AFG** — 199  
\* Trussville United Methodist Church  
120 N. Chalkville Rd., Trussville  
(Duplex behind church)

7:00 PM **Vestavia Wednesday AFG**  
Vestavia Hills United Methodist Church  
2061 Kentucky Ave., Vestavia  
(Enter "Support Group" side of church  
(west), 2nd door)

## Thursday AI-Anon Meetings

10:00 AM **Pinson Day Group AFG** — 56  
Pinson United Methodist Church  
4507 Bud Holmes Rd., Pinson, AL 35126  
Enter through the parlor entrance (double  
doors on the left side of the Sanctuary  
building)

10:30 AM **Vestavia Day AFG** — 63645  
Vestavia Hills United Methodist Church  
2061 Kentucky Ave., Vestavia  
(Enter "Support Group" side of church  
(west), 2nd door)

1:00 PM **Liberty Park Literature Study AFG**  
The Church at Liberty Park  
(formerly Liberty Park Baptist Church)  
12001 Liberty Parkway  
Birmingham, AL 35243  
(Park in front of church. Follow signs  
to "Offices")

7:00 PM **Alabaster AFG** — 166  
\* Alabaster First United Methodist Church  
10903 Hwy. 119, Alabaster (Use side door)

7:00 PM **Pathway to Joy AFG** — 30567669  
First United Methodist Church  
2200 3rd Ave. N., Pell City

7:00 PM **Oxmoor AFG** — 30676310  
Trinity United Methodist Church  
1400 Oxmoor Rd., Homewood

7:00 PM **Hoover AFG** — 119  
\* Prince Of Peace Catholic Church  
4600 Preserve Parkway, Hoover 35226  
Entrance under portico. Walk thru sanctuary  
about 70ft. Meeting is marked Conference  
Room on left. Park under the portico in-  
climate weather or physical need.

## Friday AI-Anon Meetings

12 Noon **Vestavia Day AFG** — 63645  
Vestavia Hills United Methodist Church  
2061 Kentucky Ave., Vestavia  
(Enter "Support Group" side of church  
(west), 2nd door)